

A NOT TO BE MISSED WORKSHOP!!!!

LIMITED TO 30 SEATS ONLY AND ITS FREE!!!!

Alumni, Careers and Sponsorship Centre (ACSC) will be conducting a half day workshop and would like to invite all UNITEN Alumni to participate in this program. This workshop will guide participants to take responsibility for their future by the choices they make and the goals they set. And in achieving those goals, they will learn to strengthen their communication skills, teamwork and appreciating the world around them.

**RSVP by:
10 August
2011**

Time-off notices to your Managers to attend this program can be arranged by emailing us your details.

Date : 12 August 2011, Friday
Time : 2.30 pm – 6.00 pm
Venue : BA-03-065,
Admin Building

RSVP/Contact/Enquiries:

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TAKE CHARGE! A PERSONAL DEVELOPMENT PROGRAM

BY: Mohd Rizal Hassan

International Learning Facilitator & NLP Coach

This program is highly interactive, NLP-rich (Neuro Linguistic Programming), content rich and practical. 'Practical' means by the end of the program, participants will know how to take charge of their lives. The program is divided into 5 main sections :

Program Objectives

By the end of the program, participants will be able to:

- Gauge how important they take their life, personal and at work or study, and how much potential they have.
- Build a mindset of improving the Quality of their Life, both personal and at work or study.
- Polish their view of the world by not taking things for granted.
- Equip themselves with a toolset of building rapport, effective listening, etc.
- Apply proven techniques in being responsible for the happenings around them.
- Achieve personal excellence by understanding and working with the people around them.

Embark on a plan of action to immediately improve the Quality of THEIR LIFE.

Sections	Description
Take Charge! of Myself	Participants will learn to be responsible for the Choices they make, solving problems, and getting their Goals crystal clear.
Take Charge! of My Communication	Participants will learn various tools to communicate effectively which will include Neuro Linguistic Programming (NLP) techniques.
Take Charge! of My Team	Participants will learn what working in a team means and how to work as a team.
Take Charge! of My World	Participants will learn how to make full use of the World around them to achieve their own personal goals.
My Actionable Plan	Participants will put their learning into structured plans of action.